

June 2012

SHERYL LYNDE & RICK HOFFMAN FOUNDATION TO FINISH TRAINING



Hello Everyone



TRAINING TAKES TIMES AND PATIENCE

When we start colts - they are usually 2 - or whenever their knees close which on some breeds can be 3-4 because they mature later - but generally speaking - we are starting them at 2 years old. At this age they are generally looking for a leader, and quick to respond to their training. We usually take a minimum of 90 days to start a colt although we would rather have 6 months. In 90 days depending on the colt we have them at a walk, trot, canter, correct lead departure, soft in all 5 body parts (Head, Neck, Shoulders, Rib Cage and Hips) speed control and a nice stop and back up off our seat as well as some introduction to trail. Some Colts we can take farther - some not - we only go at the speed that the colt can absorb the training.

This is also solely dependent on how the colt was handled - if he has issues - such as lack of respect, fear, aggression or a little of all three - then we have to resolve the issues before we can go to training - so this sets the 90 days back a bit.

The older the horse is - the longer it will take to get started. I've started 6, 9, and 12 year old horses that have not been touched and this is not a 90 day program. Now, Again, this is very general but you can expect to add an additional 2 months for every year the horse has been standing after the age of 2. So a 6 year would require a minimum of 8 months to build the foundation we described in paragraph 1.

The older horse isn't as willing to learn, has a stronger sense of who they are and their size, and they have had time to develop habits that have worked for them. They aren't as anxious to give up their carefree lives and go to work. Each component of the training takes more time - the ground work, work under saddle, and bridle work.

Even if the younger colt gets 90 days of professional work and the older horse gets 6-8 months of work - after they go home - the training needs to continue - its just the beginning.

I get asked quite often - when do I stop training? Here is my answer - I don't stop. If I'm driving down the freeway - there is never a point where I take my hands off the wheel because I just want to relax. These are 1000 lb animals that we can lose our life or get seriously injured in a blink of an eye - don't take your hands off the wheel. Training takes time and patience. Don't give up, don't get hurt -get knowledge

Photos of our New Facilities



Barn



Arena



Arena & Barn



Arena

News:

Rick and I are enjoying working out of our new location in Temecula - great arena and access to trail. All our horses in training are benefiting from the diversity of arena work along with hills, valleys, step-ups and a variety of footing.

We did training yesterday then topped it off and went to Oak Mountain Winery with some good friends and had a great day.

I see a clinic coming up with a follow up and recap at a winery for wine tasting! Coming soon!

UPCOMING EVENTS: (See page 4 for photos and results of 3rd race)

Cowboy Challenge Performance Clinic

Where: OUR NEW LOCATION - 36400 DePortola Rd, Temecula, CA

When: August 4th

Time: 9 am - 4 pm

Cost: 100.00

Get the edge on control whether you compete in Obstacle Course Challenges or ride for fun - learn how to safely maneuver your horse through obstacles by getting control of the 5 body parts.

Call for Reservations - limited Rider participation

American Horsemen's Cowboy Challenge Saddle Series

This is the Final race of the 4 race Saddle Series for Novice and Amateur Divisions

Where: Reed Valley Ranch, Hemet, CA

When: August 18th and 19th

Time: Registration and check-in begins at 7:30 am on August 18th, Walk Through 9:00 am

NOVICE & AMATEUR ONLY

Sign up sheets and flyer are available on the home page of our website (www.sheryllyndeclinics.com) - just click, print, complete and send to:

This is an obstacle course event that will be featuring natural obstacles set against the beautiful backdrop of Reed Valley Ranch - an 835 acre working cattle ranch.

Lessons:

1 hour - \$50.00

1/2 day lesson - including cow work - \$125.00

We are available for full day private lesson - your date and time - call for additional information.

Horse Training

If you would like to bring your horse to us for training such as colt starting, problem solving - etc, .we work the horses 5-days a week - Tues. thru Sat. Depending on the amount of time the horse is with us for training - we will build a strong foundation desensitizing to tarps, plastic bags, flags, dragging, obstacles as well as take them out on trail. Price includes working with the owner as often as they can fit coming into their schedule. Call us for additional information.

Ultimate Camp Clinic

Limited to 4 riders - The Ultimate in strengthening your horsemanship skills and problem solving abilities. The change in riders and their horses from day one to day 5 is incredible!

PHOTOS AND RESULTS FROM REED VALLEY



RACE FOR THE SADDLE CONTINUES



Check Website www.sheryllyndeclinics.com
for additional information or call
760-285-0160

NOVICE RESULTS

1. DEANNA WILLIAMS
2. KRISTI VILLEGAS
3. LARRY VANDERPLOEH
4. TIE WITH
CAROL CINOTTA &
JAN HARVEY

AMATEUR RESULTS

1. PAULA BELLESI
2. MAGGIE CINCOTTA
3. ANN KIGGINS
4. DON MOORE

Elizabeth is in the process of downloading all the pictures into Shutterfly. If you would like to email her for the link, her email address is: ekretz@verizon.net
text



Cowboy Challenge Performance Clinic

Presented by Rick Hoffman & Sheryl Lynde

Learn How to Get More from You and Your Horse!

**Lead Departures, Lead Changes, Stops,
and More to Get the Points
You Need to Win!**

August 4, 2012

**Starts at 9:00 am
\$100 for the day**

**Come to our new location!
just 10 minutes off the I15
In Temecula, CA**

**Call for More Info
951-764-2274**



***www.EquinePerformance.org
& www.SherylLyndeClinics.com***

**Sheryl Lynde Clinics & Rick Hoffman Performance Horses
36400 DePortoll Rd, Temecula, California 92592**