

FEBRUARY 2012

SHERYL LYNDE & RICK HOFFMAN FOUNDATION TO FINISH TRAINING



Hello Everyone



FEAR - PART 2

Fear

Horses are Flight Animals - if the Rider has not established a Confident Commanding Presence and a leadership Role - Then you have become simply a passenger and you are essentially "Fired" - the horse resorts to his instincts which is flight, herd bound, and reactive to outside stimuli. The Rider is essentially at the mercy of the horse's emotional state

If you have established a Confident Commanding Presence then you have become a leader with which your horse places his trust and attention in your care. His attention is on your commands rather than the horses in the group, he looks to you for guidance if he becomes fearful rather than spooking and bolting and he becomes responsive to your cues rather than reactive.

So how do you replace fear and acquire this Confident Commanding Presence?

It starts on the ground. Remember - *The horse you lead is the horse you ride.*

it is *NOT* about what your horse is spooking at whether it is a tarp or plastic bag,

it is *NOT* about your horse refusing to do what is asked of him whether its an obstacle or loading in the trailer,

it is *NOT* about your horse bolting,

it is *NOT* about your horse kicking, biting, striking or bucking or rearing. These are all symptoms that are caused by either a Lack of Respect, Fear, Aggression or a little of each. Correct the cause by going to the ground and do some training.

There isn't anything that we do on the ground that we don't think about transferring to the saddle - we work on speed control (rate)- and that includes putting the go and yes Ma'am attitude in a disrespectful no-go horse- as well as teaching the runaway the value in standing still and stopping on a light request , softness in all the 5 body parts- the head, neck, shoulders, rib cage and hips, sacking out, responsive and light back ups, dragging ropes, and jumping.

All this can be accomplished from the ground - this is the building of a strong foundation.

We get a lot of "Problem Horses" to train - First thing First - we take our training to the ground. Then when we have accomplished all of the above - we never have to deal with the problem.

Below I'm going through the ground training on Drifter. When the owner would try and ride him out on trail by himself or even try to lead him away from her ranch alone- as little as 300 yards away he would begin to buck and spin. So we went to the ground - inside and outside turns, dragging ropes and tarps, etc. Then we began our solo trail rides - our first one was about 10 minutes out, then back - everyday we increased the time and distance - he never bucked or spun or misbehaved.



EVENTS:

California Guest Ranch Saddle Series:

This Event is an Obstacle Course Challenge consisting of 13 Obstacles sanctioned by AHCA. Riders will be judged on Horsemanship abilities and points will be awarded for time. All courses set against the beautiful backdrop of unique and historic Guest Ranches. Rules can be found at www.americanhorsemanshipchallenge.com. You do not have to be a member of AHCA to compete.

April 28th and 29th Rancho Oso, Santa Barbara

The Rancho Oso Guest Ranch in Santa Barbara which is the next location for our 4 Race Saddle Series AHCA Cowboy Challenge to be held on April 28th. What an incredibly beautiful Ranch surrounded by a dramatic backdrop of snow capped mountains. The course is going to be held in one of their pastures using natural obstacles and after the Event there is plenty to do from riding trails accessible from the Ranch to Volley Ball, Horseshoes, Swimming and Hot Tub. There is a wide range of accommodations which are all quaint and affordable. We are so looking forward to seeing you all there - a great place for a great Event with great people.

May 12th and 13th Historic Reed Valley Ranch, Hemet, CA

July 14th and 15th Historic Reed Valley Ranch, Hemet, CA

August 25th and 26th V6 Ranch, Parkfield, CA

Photos of Rancho Oso



Lessons:

1 hour - \$50.00

1/2 day lesson - including cow work - \$125.00

We are available for full day private lesson - your date and time - call for additional information.

Horse Training

If you would like to bring your horse to us for training such as colt starting, problem solving - etc, .we work the horses 5-days a week - Tues. thru Sat. Depending on the amount of time the horse is with us for training - we will build a strong foundation desensitizing to tarps, plastic bags, flags, dragging, obstacles as well as take them out on trail. Price includes working with the owner as often as they can fit coming into their schedule. Call us for additional information.

Ultimate Camp Clinic

Limited to 4 riders - The Ultimate in strengthening your horsemanship skills and problem solving abilities. The change in riders and their horses from day one to day 5 is incredible!

Let us know how we can be of help to you - call for additional information or reservations for any of the above events.

Darn Good Horses for Sale

This is Buddy - 16 year old Dunn Gelding fresh off a ranch in Pagosa Springs, Colorado where he spent his last 10 years riding the mountain trails. He has a great mind, kind disposition, and loves trail. He has a great paced walk - loves to cover ground. Would be best for an Intermediate to Advanced Rider. *Asking \$6000.00*



**Check Website www.sheryllyndeclinics.com
for additional information or call
760-285-0160**