

NEWSLETTER & UPCOMING EVENTS

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36400 DePortola Rd, Temecula, CA 760-285-0160

FEAR CLINIC

When: Feb 23

Time: 9 am—4 pm

Cost: \$150.00

Where: 36400 DePortola Rd,
Temecula, CA

What is the issue you need to work on that is holding you back - lets work on that and get it done. You don't need to have fear to attend this clinic - if you want to increase your knowledge and learn to have a safer more dependable horse - this is the clinic for you.

Clinic is limited to 10 participants

**Call for reservations
or additional information
760.285-0160**



Inside this issue:

News	2
Got Cows? We Do....	3
Lesson, Training, Clinics	3
Sponsors	3
Contact info for Sheryl & Rick	3

Slow it Down, Break it down

**I read a great book called
"My Stroke of Insight" by Jill Bolte Taylor, Ph.D.**

Jill Taylor is a Brain Scientist who was at Harvard Medical School performing research and teaching students about the brain. The book is about her personal journey to recovery as she suffers a stroke that affected the left hemisphere of her brain. The left hemisphere processes information such as how to walk, talk, read, and write.

What does this have to do with Horse Training - well - I found it to have a tremendous amount of similarity.

She couldn't formulate words or understand others when they tried to communicate with her but she became very aware of being intensely sensitive to the energy dynamics of people. She began to read volumes from their facial expressions and body language. Some people brought her energy, while others depleted it.

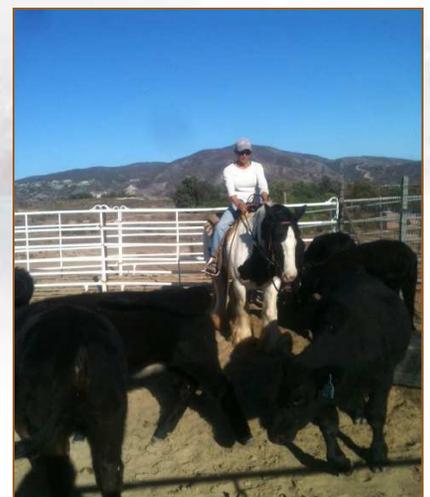
One nurse working with her was very calm, when Jill wasn't understanding what the nurse was trying to communicate to her - she broke it down, went slower - providing the pace Jill needed in order to learn - touched her arm and reassured her that she would be ok. Jill felt safe with her.

A different nurse who never made eye contact shuffled her feet as though she were in pain. She brought her a tray with milk and jello but didn't recognize that Jill couldn't open the containers. Jill desperately wanted to consume something but this nurse was oblivious to her needs. She raised her voice when she spoke to Jill, as if Jill was deaf. Her lack of willingness to connect with Jill scared her and she did not feel safe in her care.

Can you find the correlation?

These incredible animals that allow us on their backs are very sensitive to our energy. If they aren't understanding the lesson we are trying to impart, if we get angry or frustrated and elevate our intensity, then the horse shuts down, they don't feel safe the learning has ended.

Continued next page ...



Kassanova, a Gypsy Vanner, desensitizing him to cows

NEWS

Slow It Down, Break It Down ...

Continued from page 1...

For instance, if your horse is spooking out on trail - instead of continuing to ride his issues out on trail, bring him into the round pen and do some ground work. Desensitize, spend some time with tarps, flags, dragging ropes, working with items dropping from the saddle like saddle bags until he is bored. Build that relationship, then start back out on trail. Maybe your first trail ride is 15 minutes. Build his confidence. Do the same thing the next day - do your foundation work, prepare his mind, then go out on trail a little longer each day.

Each horse has a different personality that presents different opportunities for us to grow as horsemen and women. Think about what is going on, how you can break it down and build a better mind. It's up to us how our horses learn - do you take away your horses confidence or do you build it.



Shawnee - a paint mare who was very fearful out on trail—Rick worked her slowly over difficult terrain - took lots of breaks and let her soak. She came back a more confident mare.



Desensitizing back in the round pen - Flag training



Horse Expo

It was great seeing you all at the Expo - it was an improvement over last year and I know it will continue to improve. Where else can you see the clinicians like Chris Cox and Richard Winters at the same venue. As for me I never want to stop learning and I always pick up something watching these Professionals. The Horse Expo has done an incredible job with the venue at Sacramento and I know they will build this as well. Great opportunity to support our industry.

ALSO FOUND A GREAT PRODUCT - RidezCool Saddle Pads -

Website <http://www.wyngzsaddlepads.com/>

We go through saddle pads pretty quickly and they are an investment. Not only are they wearing out in a short time, we can't seem to keep them clean. But we really liked everything about this new pad after a chance meeting with the originator. You can rinse it off and it will be dry in 30 minutes, its light weight, keeps the horse cooler and has a long life span - He showed us a pad that had been used by a trainer for 10 years and was still going strong. They retail for around 300.00 - we will be testing out a couple and will give you some feedback.

Lessons & Clinics

Lessons:

1 hour - \$50.00

1/2 day lesson - including cow work - \$125.00

We are available for full day private lesson - your date and time - call for additional information.



Ultimate Camp Clinic

Limited to 4 riders - The Ultimate in strengthening your horsemanship skills and problem solving abilities.

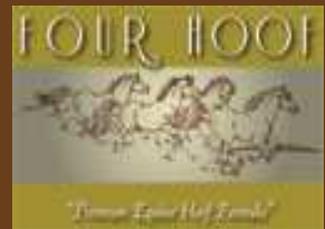
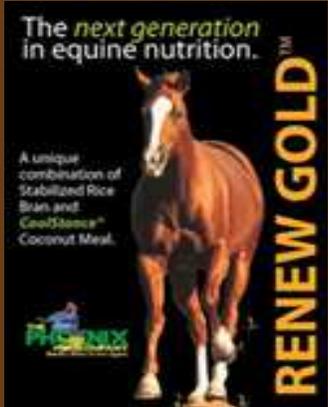
The change in riders and their horses from day one to day 5 is incredible!

Got Cows? We do...



Rick on Mach's Peppy Lena

Working your horse on cows is an excellent training tool and gives your horse a reason for the training- the turning on the hindquarters, stopping off your seat, etc. In addition to taking the horses out on trail and getting them used to different terrain, hills, ravines, etc., working in the round pen, teaching them to drag, jump barrels, and emotionally handle tarps, and then to the arena to work on speed control, loping, lead departures, etc., cattle is another wonderful tool to add to your training program.



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