

NEWSLETTER & UPCOMING EVENTS

SHERYL LYNDE & RICK HOFFMAN

36400 DePortola Rd, Temecula, CA 760-285-0160

K.I.C.K. YOUR FEAR CLINIC

When: Jan 12th

Time: 9 am—4 pm

Cost: \$150.00

Auditors: \$35.00

Where: 36400 DePortola Rd,
Temecula, CA

Heidi McLaughlin and my first clinic together will be held at my training facility in Temecula.

Clinic is limited to 10 participants

**Call for reservations
or additional information
760.285-0160**



Inside this issue:

News	2
Got Cows? We Do....	3
Lesson, Training, Clinics	3
Sponsors	3
Contact info for Sheryl & Rick	3

FEAR....

Heidi McLaughlin, Author of K.I.C.K. Your Fear of Horses, and I are teaming up to offer "K.I.C.K Your Fear" Clinic. In Heidi's book she interviews top clinicians and trainers - Chris Cox, Richard Winters, Stacy Westfall and more on the subject of fear.



We are combining both our strengths to offer a brand new concept in clinics. My expertise is Foundation, Colt Starting and training fearful/or "Problem" horses and Heidi is an expert with human fear. After reading Heidi's book I found her philosophies align with my training techniques.

We are gearing up to bring our strengths and effective experience to help participants overcome their fear of horses.

Find your confidence through knowledge...



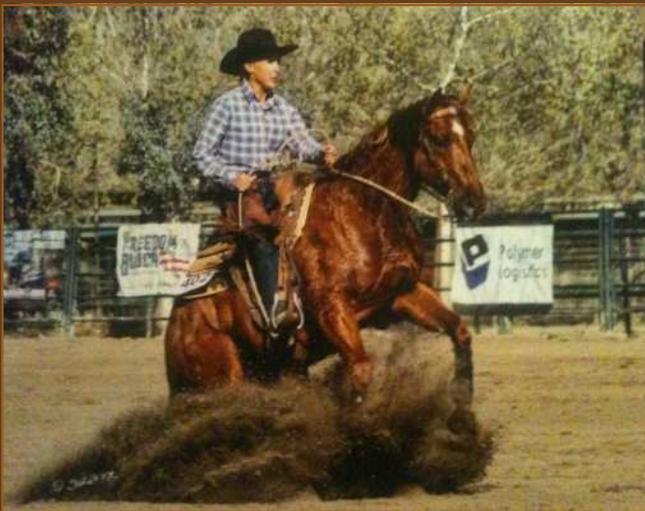
**You can find her book on
Amazon or go to her
website
[Fearless Rider.com](http://FearlessRider.com)**

Whether you ride competitively or out on trail, fear can hold you back. Even the smallest amount of fear can rob you of your joy in the saddle and keep you from progressing your skills. The thing about fear is that it doesn't stay compartmentalized – it grows. It may start out as just a "what if" thought... What if he bolts, what if he trips, what if I can't slow him down. Then the fear expands until it actually inhibits what you do on your horse.

Or does your fear stem from an actual experience in the saddle? It did with Heidi McLaughlin. Have you had a horse bolt or buck with you or is your horse fine in the arena, but out on trail he spooks at everything until going out on trail becomes dangerous and you no longer trail ride? If so - I really think you will benefit from this clinic. I hope to see you there.

NEWS

Rick & Gypsy Chic in competition at Casner Ranch.



Sheryl & Mach's Peppy Lena

Rick finished 2nd in year end standings in the Southern California Reined Cow Horse Association in Limited Open Hackamore on Gypsy Chic. At the last Pro Event of the year he finished 1st in Limited Open Bridle on Mach's Peppy Lena.

Rick will begin competing on Cat Ballou Dun It in the 2013 season and we look forward to bringing her along.

Elizabeth Kretz – the owner of Gypsy Chic will begin competing in Reined Cow Horse in the upcoming season and we wish her well.

Nu Ring of Cash - a 3 year old filly that I started is currently in training with Rick to show in Ranch Cutting in March of 2013

Sugar Chic – full sister to Gypsy Chic - is a 2 year old filly prospect currently in training with Rick. She is on track to show in Reining Cow Horse in August of 2013. We are really pleased and excited with her progress.

I finished 6th in year end standings in the Southern California Reined Cow Horse Association in Limited Open Bridle on Mach's Peppy Lena and I will continue to compete in the 2013 Season.

Lessons & Clinics

Lessons:

1 hour - \$50.00

1/2 day lesson - including cow work - \$125.00

We are available for full day private lesson - your date and time - call for additional information.



Ultimate Camp Clinic

Limited to 4 riders - The Ultimate in strengthening your horsemanship skills and problem solving abilities.

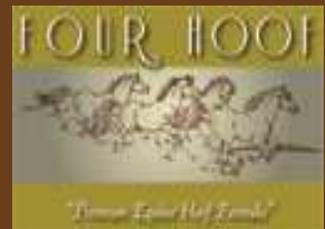
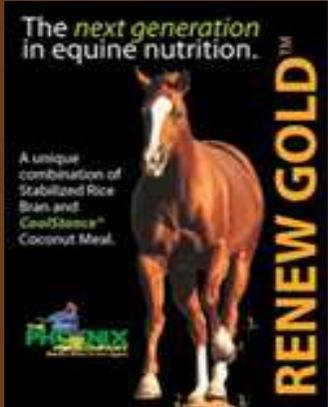
The change in riders and their horses from day one to day 5 is incredible!

Got Cows? We do...



Rick on Mach's Peppy Lena

Working your horse on cows is an excellent training tool and gives your horse a reason for the training- the turning on the hindquarters, stopping off your seat, etc. In addition to taking the horses out on trail and getting them used to different terrain, hills, ravines, etc., working in the round pen, teaching them to drag, jump barrels, and emotionally handle tarps, and then to the arena to work on speed control, loping, lead departures, etc., cattle is another wonderful tool to add to your training program.



Sheryl Lynde

John and Josh Lyons
Certified Trainer

760-285-0160

www.sheryllyndeclinics.com



Rick Hoffman

AI Dunning Accredited Trainer

951-764-2274

www.equineperformance.org

