AUGUST 2013

NEWSLETTER & UPCOMING EVENTS SHERYL LYNDE & RICK HOFFMAN

36400 DePortola Rd, Temecula, CA 760-285-0160

WORKING WITH THE FEARFUL HORSE



MEET "KEEPER'

This is the second update on Keeper's progress. If you have not read the first installment of Keeper's story—Visit Sheryl's web site for his beginning....



GETTING KEEPER PREPARED FOR HIS FIRST RIDE

I wanted to expose Keeper to different terrain and get him used to trailering off property so we headed to Reed Valley Ranch in Hemet, managed by our friends Don and Janet Moore. Reed Valley is a 835 acre working cattle ranch and perfect for providing Keeper what I was looking for.

I chose Lil' Joe to pony Keeper - he has helped me start many colts - his calm demeanor and experience gave Keeper confidence and it gave

me a chance to work above him just like I would on our first ride. We were able to cross bridges, maneuver step ups, negotiate logs, ride under trees where the branches would brush the stirrups and seat of the saddle.

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We rode up and down hills, through tall grass, and past cattle grazing - all great exposure and because of all the work in the round pen we did with the tarps and dragging ropes and jumping barrels - this outing was another layer added to his foundation. He was calm throughout the ride.



TIME TO RIDE

We are taking every part of his training slow, so for his first ride - I'm having Rick pony me off his horse Lee. This way we can

get Keeper accustomed to carrying my weight first without being directed. I kept moving around in the saddle - assuring him with rubs and talking to him. When it was time to bring him to the trot - I applied leg pressure with my calves and clucked - as soon as he went into the trot - I released the pressure and rewarded him with my voice and rubs on his neck and rump. He got a little nervous when going into the trot but I relaxed







Keepers first ride Licking his licks - like to see that!

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in the saddle and kept rubbing his neck until he relaxed - and he did. He is making huge strides - the old Keeper would have checked out when his emotions got the best of him - but now, even though he is unsure - he is trusting me and relaxes and that is what I'm looking for.

First ride was a success due to all the preparation and taking it slow.

We still have a lot of work ahead of us - but I'm up for it - he's worth it.











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Lessons & Clinics

Ultimate Camp Clinic

5-day clinic designed to give you the time you need to spend with your horse and improve and take your horsemanship skills to the next level. Learn what effective ground work can do to strengthen your bond, earn respect and gain control - we don't do anything from the ground that isn't designed to benefit us in the saddle. We go from the round pen to the arena - learn how to get that speed control, how to ground tie, learn to balance with your seat, control of the 5 body parts, stops and more. Then we go out on trail and take what we have learned and put it to the test - learn how to fix the jigger, the buddy sour mount and more.

Limited to 4 riders only 875.00 per rider Monday thru Friday 9-4 Our Temecula Facility - you can stay on property if you have a trailer with living quarters



Gol Cows? We do...



Working your horse on cows is an excellent training tool and gives your horse a reason for the training- the turning on the hindquarters, stopping off your seat, etc. In addition to taking the horses out on trail and getting them used to different terrain, hills, ravines, etc., working in the round pen, teaching them to drag, jump barrels, and emotionally handle tarps, and then to the arena to work on speed control, loping, lead departures, etc., cattle is another wonderful tool to add to your training program.

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Lessons:

1 hour - \$50.00

1/2 day lesson including cow work - \$125.00

We are available for full day private lesson - your date and time - call for additional information.

Sheryl Lynde John and Josh Lyons

Certified Trainer

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Rick Hoffman Al Dunning Accredited Trainer

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